RECIPE:		
DIFFICULTY: RATIN	G: ★★☆☆ PREP TIME:	COOK TIME:
INGREDIENTS:	COOKING INSTRUCTIONS:	
PORTIONS:		
SERVE WITH:		
•		
ALLERGENS:	NOTES:	
□ MILK		
□ FISH		
□ EGGS □ LUPIN		
□ CELERY		
□ PEANUTS□ MUSTARD		
□ MOLLUSCS		
☐ TREE NUTS		
□ SOYBEANS		
□ CRUSTACEANS□ SESAME SEEDS		
CEREALS CONTAINING GLUTEN		
□ SULPHUR DIOXIDE AND SULPHITES		